

QUAD LINE RECOMMENDATIONS

1. #2 Pencil with eraser (pack of 2)
2. One inch binder with non-glare sheet protectors
3. Pencil pouch
4. Ralph Hardimon's/Vega's (practice pair/show pair)
5. White electrical tape
6. Heavy Hitter Slimpad with laminate
7. Heavy Hitter Quadropad with laminate

Quad Line Technique

Grip/Style:

The grip follows the line of the forearm. The top of the right hand is sloped down and to the right and the left hand is sloped down and to the left.

1. Fulcrum- The thumb is positioned directly along side of the mallet (not below the mallet). The forefinger wraps around the mallet and is even with the thumb.
2. The index finger, thumb and middle finger form a three point fulcrum which reduces the amount of pressure on the index finger and thumb and will spread evenly between three fingers. Also feeling the fulcrum farther in the back of the hand will contribute to a fuller bigger sound. So really the slower you play, the more you should feel all the strokes in your pinkie and ring finger. As the speed increases, move the fulcrum towards the front of your hand (i.e. middle, ring and thumb). The General fulcrum will be three-point, however it will be a movable fulcrum based on speed. For example: Playing a triplet roll at 190 and above or duple rolls at 160 and above you will feel towards the front of your hand. If you play 16th notes at 60 you will feel it more in the back of your hand.
3. The key to more rapid development is the middle finger.
4. All of the fingers are in contact with the stick/mallet at all times, but remain free of tension.
5. The stroke is always initiated from the wrist!!!
6. Relaxation is the key to achieving more with less effort.

Posture

1. Eyes Laser Straight Ahead Aggressive
2. Head upChin up
3. Stand up straight, No Leaning!!

General

1. Aggressive sticks in and out.
2. Consistent sounds from hand to hand (Accents and Inner notes.)
3. Know your playing areas on the drums.
4. Keep sticks/mallets low in the set position.