

# The Art of Drumming

---

-Everything we play is some kind of a “Rebound Stroke”

-All Strokes are initiated from the wrist

There are four subcategories of strokes:

1. Basic Rebound
2. Controlled Rebound
3. Double Strokes
4. Multi Strokes

In Drumming there are four main types of “Motion”

Motion	Abbreviation	Exercise associated with
1. High to High	HH	8’s/Alt. Rebound/Check Patterns
2. High to Low	HL	Accents+Taps/Combinations
3. Low to Low	LL	8’s/Alt. Rebound/Check Patterns Taps (innerbeats)
4. Low to High	LH	Taps+Accents/Combinations “Connection Strokes”

Throughout your endeavors as a drummer, try to keep in mind that everything in drumline is not sugar and spice and everything nice. This may sound like a cliché that you have heard many times; however the main approach to drumline in the 21<sup>st</sup> century is one of assertiveness and aggression. One could say that a drumline who’s in a state of nirvana exudes energy that could move an iceberg. Which really means that with ultimate concentration otherwise called “Mental Tenacity”, you can achieve beyond what others may not. A wise man once said, “The head is more important than the hands”. That’s not to say technique should be dismissed or sound quality forgotten. Really quality of sound is predicated around technique. However, you start by learning how to hold the sticks, the strokes, motion (flow) and then start to train your brain to think in many different ways. Once a certain level of technique is attained then quality of sound becomes the foreground of your studies coupled with time spent building your “mental tenacity”. Drumming should be something of excessive jubilation. Keep in mind that the process has its ups and downs. Through the rumble strips encountered, a period of “trial and learning” occurs, which is necessary to reach that mountain of Utopia that all desire. For the drumline to “achieve” all must give their “personal best” every time there is an opportunity to drum. Through good teamwork between directors, instructors, staff and students, as well as dedication and hard work, any program will soar to new heights.